





ONE FOR ALL,  
ALL FOR ONE

## INDOOR TEAM BUILDING WORKSHOP

**With humour, this indoor team building session will**

- Give you a unique and memorable experience to tighten your team
- Increase individual sense of responsibility toward team success
- Improve interpersonal relations through better self-awareness and awareness of others, including self-evaluation and group activities
- Harmonize communications through awareness of differences
- Build group chemistry through a memorable peer appreciation exercise

**Here is an overview of the mix of presentations and team activities you can expect:**

### **DESTINED FOR TEAM SUCCESS**

For millions of years, we have survived through our sense of community. And the future of the professional world is in teamwork. Humorous and engaging interaction with the group.

### **PEOPLE MAKE THE ORGANIZATION, NOT THE OPPOSITE**

There are no great organizations; only remarkable teams composed of exceptional individuals. We will examine some inspiring examples.

### **WHY WELCOME CONFLICTS**

Remarkable teams are not immune to conflict. On the contrary, the best ones are those that experience the most. We will take a complete look at this subject.

*« Great subject matter, presented by a wonderful seminar leader!  
Marc makes you feel right at home and the presentation becomes  
personal and useful. »*

Penny Stirrett, Bowater



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### ACTIVITY | THE QUALITIES OF EXCEPTIONAL TEAM MEMBERS

Through an impactful group exercise, we will see that the vast majority of personal qualities for team success fall under the category of “attitudes.” This exercise generates a powerful impact on personal engagement and responsibility.

### ACTIVITY | WORKING WITH DIFFERENT PERSONALITIES

Often the participants' favourite section, after caricaturing the 4 colours of personalities, individual and team exercises are performed. The goal is to know ourselves and others better and to improve communication and performance.

### ACTIVITY | THE IMMENSE POWER OF COLLABORATION AND APPRECIATION

In this section, often considered game-changing and pivotal for team spirit, a model using the metaphor of poker chips is theatrically presented. Alternating between humor and emotion, this becomes a true A-Ha moment for the whole audience. All participants get the chance to put this method into practice through a team exercise. This exercise will transform the dynamic of your team, making it more flexible, harmonious and productive.

### FINALE | ONE FOR ALL, ALL FOR ONE

In this final section, I invite four volunteers to sit together without chairs to form one big structure. The experience illustrates multiple principles: If one team member doesn't do its job, everything falls apart; there can only be one leader; everyone has their place and stays in place; every role is important; we have to trust our teammates, and more.

*« Best speaker I have listened in a long time.*

*Honest. Powerful. Funny. »*

Nance MacDonald, Square One